



SKIPTON SWIMMING CLUB

Affiliated to the NE Counties ASA, Yorkshire ASA, Bradford & District ASA and Airedale & Wharfedale District ASA
<http://www.skiptonsc.org.uk>



Come and enter the Skipton Swimming Club Stepping Stones Time Trials Series 2010

Could you be our next Olympic Gold Medallist?

Rebecca Addington started swimming by joining a local club just like ours and improving her times until she became a double Olympic champion and world record holder.

If you want to take the next step towards competitive swimming, come and have a go at the Skipton Swimming Club Stepping Stones Time Trial Series.

Swimmers will be timed in all four competitive strokes, over the series of three time trials, held throughout the year. All times will be recorded and at the end of the series, the three swimmers in each age group who have made the biggest time improvements over the four events will receive awards at the Skipton SC Gala Presentation Evening.

Events are as follows:-

8 Yrs & under, 9 Yrs, 10 Yrs, 11 Yrs, 12yrs, 13yrs & over
- Age groups are taken as at 25th Sept.

- 50m Backstroke
- 50m Breaststroke
- 25m Butterfly
- 50m Freestyle

Dates for the Time trials are:-

- Saturday 15th May 2010 Start 5.45pm @ Craven Swimming Pool
- Saturday 3rd July 2010 Start 5.45pm @ Craven Swimming Pool
- Saturday 25th September 2010 Start 5.45pm @ Craven Swimming Pool



If you are a member of Skipton Swimming Club entry is **free** so, please fill in the entry form below and hand it in to your teacher or one of our volunteers, **no later than 1st May**

If you are not a member of Skipton swimming Club, Please fill in the entry form below and send it to the address below along with a registration fee of £20.00, to arrive **no later than 1st May**. The registration fee will cover all four galas.

Tear off Here

Tear off here

Stepping Stones Time Trials Entry 2010

Name. _____

Date Of Birth _____

Address _____

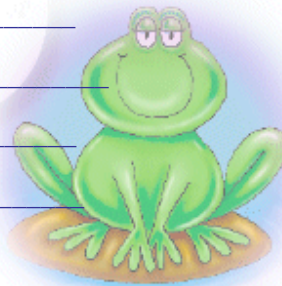
School Attended _____

Do you attend a Swimming Club? Yes/No
If yes, please state which club you attend.

Club _____

Tel No. _____

I enclose registration fee of _____ (If Applicable)



If you have not competed in Stepping Stones before please give us an idea of your approximate times (If Known)

50m Back _____ 50 m Breast _____ 50 m Free _____ 25m Fly _____

Please make cheques payable to Skipton Swimming Club

Send your completed entry form to: - I. Scrivin, C.O. Skipton Swimming Club, 16, New Laithe Close, Skipton, BD23 6AZ